

To the Stoics,
freedom, true power and greatness is to...



Be in Command of Yourself

Epictetus was an embodiment of the Stoic idea that real power lay in command of yourself. You could command armies, you could live in a huge estate, but if you were a slave to your desires, if you were a slave to your fears, if you were a slave to things that were outside of your control, then you were not powerful at all. To the question, Who is your master?—the most important question there was, in his view—after years of studying Stoicism, Epictetus could say,...

“I am my own master.”